



National Managed Service Network for Children and Young People with cancer



Providing high quality care for young people between 0 – 25 years of age, who have had a diagnosis of cancer.



National Managed Service Network for Children and Young People with cancer



We are a national team of healthcare specialists who work together to treat young people who have had a diagnosis of cancer.



We work together across administrative and geographical boundaries to ensure the highest standard of care is available to all patients irrespective of the type of cancer they have and regardless of where they live.



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Patients and families may come into contact with one or more of the healthcare specialists listed below, during their time in hospital:

- Physiotherapists
- Occupational Therapists
- Neurologists
- Nurse Specialists for paediatric and young adult care
- Youth Support Coordinators and Play Therapists
- Oncologists
- Haematologists
- Pharmacists
- Psychologists



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In Scotland, children and young adults are cared for by hospitals that specialise in young cancer care.

Specialised cancer services for children age 0 - 16 years, are accessed through centres in:

- **Aberdeen** (Royal Aberdeen Children's Hospital)
- **Dumfries** (Dumfries Royal Infirmary)
- **Dundee** (Tayside Children's Hospital)
- **Edinburgh** (Royal Hospital for Sick Children)
- **Glasgow** (Royal Hospital for Children)
- **Inverness** (Raigmore Hospital)





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Specialised cancer services **for young people age 16 - 25 years**, are accessed through centres in:

- **Edinburgh** (Western General Hospital)
- **Glasgow** (Beatson West of Scotland Cancer Centre)

Nurses specialised in cancer care for young adults are also based in the following centres:

- **Aberdeen** (Aberdeen Royal Infirmary)
- **Dundee** (Ninewells Hospital)
- **Inverness** (Raigmore Hospital)





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Dealing with a cancer diagnosis is a very difficult and upsetting time for patients and their families. We provide care for a variety of **Psychological wellbeing** issues affecting young people with cancer, such as:

- Anxiety
- Depression
- Problems with body image
- Loneliness
- Returning to school, college or work

People who can help with these types of issues:

- Psychologists
- Occupational Therapists
- Youth Support Workers
- Counsellors
- Clinical nurse specialist
- Chaplains
- Play therapists



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We provide care for a variety of **Physical wellbeing** issues affecting young people with cancer, such as:

- Tiredness and fatigue
- Digestion, swallowing and speech
- Mobility, independence, self-care
- Physical changes e.g. Hair loss, weight gain
- Pain management
- Sexual difficulties and fertility related issues

People who can help with these types of issues:

- Occupational Therapists
- Youth Support Workers
- Counsellors
- Clinical Nurse Specialists
- Physical Therapists
- Nutritionists



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We provide care for a variety of **Social matters** affecting young people with cancer, such as:

- Friendships, feelings of loneliness or isolation
- Financial worries
- Housing
- Education
- Child care

People who can help with these types of issues:

- Clinical Nurse Specialists
- Youth Support Workers
- Counsellors
- Social Workers



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The MSN for Children & Young People with cancer (CYPC) ensure that all young people have equal access to the best services throughout Scotland.



We recognise the importance of tailoring treatment to the needs of every young person while also looking after the psychological and physical aspects of their wellbeing.



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For more information on what we do please see our website www.youngcancer.scot.nhs.uk.

To contact us please use the **Contact Form** on our website.

We also have a **Blog** on our site where you can ask questions or add your feedback.

You can get in touch through **Facebook** or **Twitter**.

